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What does nudism mean to me?

Being a nudist has played an important role in my life. It has taught me that there is more important things to worry about, than to stress over putting on a mask to hide the real me. Because in all reality nobody is perfect; so why should we be pressured into being someone we're not?

Everybody thinks being a nudist is being naked at a nudist resort, or going to a nude beach. Now, that statement is partly true, but in my perspective it is so much more.

To me you can be a nudist anywhere. For example, in your home, backyard, nudist resort, etc. Also, nudism is something special. It can shape anybody's personality and confidence in a good way. Nudism can change someone's perspective on the text life world for the better. Giving people a realization that clothes don't matter and they are perfect just the way they are.

Nudism has made me the person I am today and I couldn't be more proud of being a nudist. A few years -

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ago I was attacked by a dog and now have the scars on my face from it. I was always insecure about them and tried to hide them. Recently nudism has taught me so much that I have a new found confidence. I now don't hide my scars, for I have accepted who I am and the skin i'm in.

In conclusion, nudism to me means you have an understanding that the clothes on your back mean nothing, but the body and personality you have means everything. Being a nudist means you are free. Free from opinions, from peer pressure, and free from the textile world.

Why Nudism is Important to me

Nudism is very important to me. Nudism allows me to be who I really am, and not worry about any repercussions. Nudism has brought me to this wonderful camp, which has taught me several valuable lessons. Lastly, nudism has introduced me to new people, and has helped form unbreakable friendships.

Since I was about 10 years old, I have been active in the nudist lifestyle. Although I was young, I was still very nervous. I tried to use my towel as cover for a while, and I just wasn't ready to open up. During my first few experiences, I realized how comfortable everyone was, and how they wanted me to feel the same way. In no time, I was no longer worried about it. 6 years later, I have been able to be completely comfortable. Even outside of a nudist resort, I'm able to be confident in who I am because of the way nudism has taught me to accept my body.

Second of all, nudism led me to this youth camp. Youth camp is one of the best things in my life. Without camp, I definitely would not be who I am today. Camp has taught me so many great lessons. From fire safety to how to identify relationship abuse, and everything in between. Camp has built my personality into an incredibly

Strong leader.

Last but not least, nudism has introduced me into tons of new people, and has helped me create several life long friendships. My 2 camp counselors are both people who I admire and look up to in every way. I meet helpful people at every resort. I've also made new friends at every camp. Some of these friends, I keep up with all year, and have a very close relationship with them.

In conclusion, Nudism is incredibly important to me. I would be no where close to who I am today if I hadn't been brought into the nudist life style. Because of the way nudism has taught me to accept myself, and now it has brought me to this incredible camp, and lastly, how it has helped form unbreakable bonds, I'll forever be appreciative for nudism.